

WEEK 1

WEEK 2

WEEK 3

Sept 7th Sept 28th Oct 19th
Nov 9th Nov 30th Dec 21st
Jan 11th Feb 1st Feb 22nd
Mar 15th

Sept 14th Oct 5th Oct 26th
Nov 16th Dec 7th Dec 28th
Jan 18th Feb 8th Mar 1st
Mar 22nd

Sept 21st Oct 12th Nov 2nd
Nov 23rd Dec 14th Jan 4th
Jan 25th Feb 15th Mar 8th

 MAIN 1 TOMATO & HERB PASTA -2(*) (V) PEAS & CARROTS GARLIC BREAD -2,7 STRAWBERRY & VANILLA MOUSSE -7	 MAIN 1 SLICE OF WHOLEMEAL CHEESE PIZZA -2,7 (*) WEDGES & SWEETCORN RASPBERRY RIPPLE MOUSSE -7	 MAIN 1 TOMATO & HERB PASTA (*)-2 OR MACARONI CHEESE -2,7 MIXED VEGETABLES GARLIC BREAD -2,7 MINI DOUGHNUTS -2,4,7,13
 MAIN 2 PORK SAUSAGES, MASH & GRAVY -2,7,13,14 QUORN SAUSAGE -2(V) PEAS STICKY TOFFEE PUDDING -2,7,4,13	 MAIN 2 MEAT BALLS IN A TOMATO SAUCE WITH PASTA -9 (*) MEAT FREE MEAT BALLS (V)-2 PEAS ORANGE DRIZZLE CAKE -7,2,4,13	 MAIN 2 CHICKEN CASSEROLE WITH BOILED POTATOES -1 CHICKPEA CASSEROLE -1 CARROT & PEAS CHOCOLATE FUDGE BROWNIE -2,4
 MAIN 3 ROAST CHICKEN (GF) VEGETABLE CHEESE BAKE -7(V)(GF) ROAST POTATOES, GRAVY MIXED VEGETABLES MIXED FRUIT JELLY (V)	 MAIN 3 GAMMON HAM (GF) ROASTED POTATOES, PEAS, CARROTS & GRAVY QUORN ROAST -4,7 (V) MIXED FRUIT JELLY (V)	 MAIN 3 ROASTED TURKEY (GF) VEGETABLE CHEESE BAKE -7(V)(GF) ROAST POTATOES, GRAVY MIXED VEGETABLES MIXED FRUIT JELLY (V)
 MAIN 4 BEEFBURGER IN A BUN WITH KETCHUP -2, 13,14 QUORN VEGAN BURGER IN A BUN (V) -2,4,7 SWEETCORN & WEDGES CHOCOLATE CRISPIES -7,2	 MAIN 4 ALL DAY BEAKFAST (*) -14,2 BACON, SAUSAGE, HASH BROWN VEGGIE BREAKFAST -2 BAKED BEANS FRUIT & YOGHURT -7	 MAIN 4 HOT DOG WITH KETCHUP -2 (*) QUORN HOT DOG -2 SWEETCORN & WEDGES ANGEL DELIGHT -7
 MAIN 5 BREADED FISH & CHIPS (GF) -5 CHEESE & ONION SLICE (V) -2,4,1,7,9, 13, 14 PEAS OR BAKED BEANS FROZEN TOFFEE YOGHURT -7	 MAIN 5 FISH FINGERS & CHIPS -5,2 (*) VEGGIE FINGERS (V) -2,7 PEAS OR BAKED BEANS CHOCOLATE ICE CREAM -7	 MAIN 5 FISH FINGERS OR SALMON FISH FINGERS, CHIPS -5,2(*) CHEESE & ONION SLICE(V) -2,4,7,1,9, 13, 14 PEAS OR BAKED BEANS VANILLA ICE CREAM -7



1

Celery & Celeriac



2

Cereals containing gluten



3

Crustaceans



4

Eggs



5

Fish



6

Lupin



7

Milk



8

Molluscs



9

Mustard



10

Other Nuts



11

Peanuts



12

Sesame



13

Soya



14

Sulphur



Daily choice of yoghurt, fresh fruit, bread, water and milk.



Daily jacket potato, beans, cheese or tuna mayo, with carrot sticks & cucumber

(*) CAN BE GLUTEN FREE PLEASE ASK